

Fall 2010  
Semi-Annual



KAPPA PHI DELTA ALUMNAE CHAPTER

# Name this Newsletter!

## Alumnae Reunion: Celebrating 106 Years

The annual reunion luncheon is upon us! Your presence is requested on November 13th, 2010, in Elmhurst, Illinois. We will be having a very lovely brunch at Café Amano, conveniently located within a few steps of the Metra train station. (105 S York St) Parking is also available. The cost of the meal

will be \$25. Please RSVP either by contacting Elizabeth Bilitz, or by filling out and returning the "Dues 'n News" form on page 9 of the newsletter. After reunion, there will be a social from 6pm until 10 pm at Durkin's at 810 West Diversey, a block east of the Diversey Brown Line stop. The event is open to all

Kappa's and their guests. The special will be \$20 for 4 hours of beer, wine and well drinks. Location may change depending on the college football schedule. An announcement will be made during reunion.

### Second Annual Alumna Service Award



*Pattie at the 100th in 2004*

Alumnae Service Award recipient. This year's winner is Ms. Pattie Sticha, pledge class of 1980 and graduate of the Architecture Department at IIT. Pattie served on the Executive Board of the Alumnae Chapter for many years in the role of treasurer as well as various other positions.

The award will be presented during the Alumnae Reunion. Congratulations, and thank you for your service to Kappa, Pattie!

During the summer business meeting, nominations were held for the

### Newsletter Naming Contest

You may have noticed that this newsletter has no name. In recent memory, it has always been referred to simply as the "Alumnae Newsletter," but at the suggestion of Samantha Paruchuri PC '02, a naming contest has begun! Suggestions may be emailed or mailed to the Secretary, Elizabeth Bilitz, for inclusion in the ballot. The choices will be announced at Alumnae Reunion, pared down, and voted upon during the general meeting afterward. The spring newsletter will feature the new name.

### Inside this issue:

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### Events to Remember

- *Alumnae Reunion and Meeting—November 13th at 11am until 2pm at Café Amano in Elmhurst, Illinois.*
- *Alumnae Social—November 13th, 6pm until 10pm at Durkins (Diversey Brown Line) in Chicago, Illinois. \$20 beer/wine/well drinks-4 hours*
- *Newsletter Name Nominations-email liz.bilitz@gmail.com*

# Kappa Green Thumbs

By Elizabeth Bilitz PC '03

Despite the morning rain on June 5th, a few alumnae and actives got their green thumbs together to do spring weeding and planting in the Kappa Phi Delta garden. The garden has expanded and changed shape over the years, at one time including a vegetable patch and one, lone cantaloupe (accidental!), but now it includes a nicely bricked patio with picnic tables and fire pit. The peony bushes that were planted over six years ago have grown tall and full, while the original tiger lilies that were a donation from someone's garden have been trimmed back to one side, rather than extending the full length of the house. One year, the sunflowers planted in the northwest corner grew taller than all of the actives and then



*Some of this summer's handiwork*

some! Each year, an attempt is made to categorize and map out the flora, but there are always random irises or leftover wildflowers that pops up.

This year's efforts included weeding and adding new flowers to the north garden, where parts had been vacant

due to a sink hole caused by the steam system. This has since been corrected, and with the steam system no longer servicing the quad, even the grass grows better. Lauren Gillmeister and Amanda Potacki from the active chapter were in charge of the garden this summer and used leftover monies from their Fall '08/Spring '09 pledge project budget to fund the purchase of new plants. The Alumnae provided lunch, which was eaten while waiting for the rain to subside.

Next year, the Active and Alumnae Gardening Day will be announced in the spring newsletter. If you have any bulbs or plants that you wish to donate that should be planted in the fall, please contact Amanda or Lauren at [ajpotacki@gmail.com](mailto:ajpotacki@gmail.com) or [lgillmei@iit.edu](mailto:lgillmei@iit.edu).

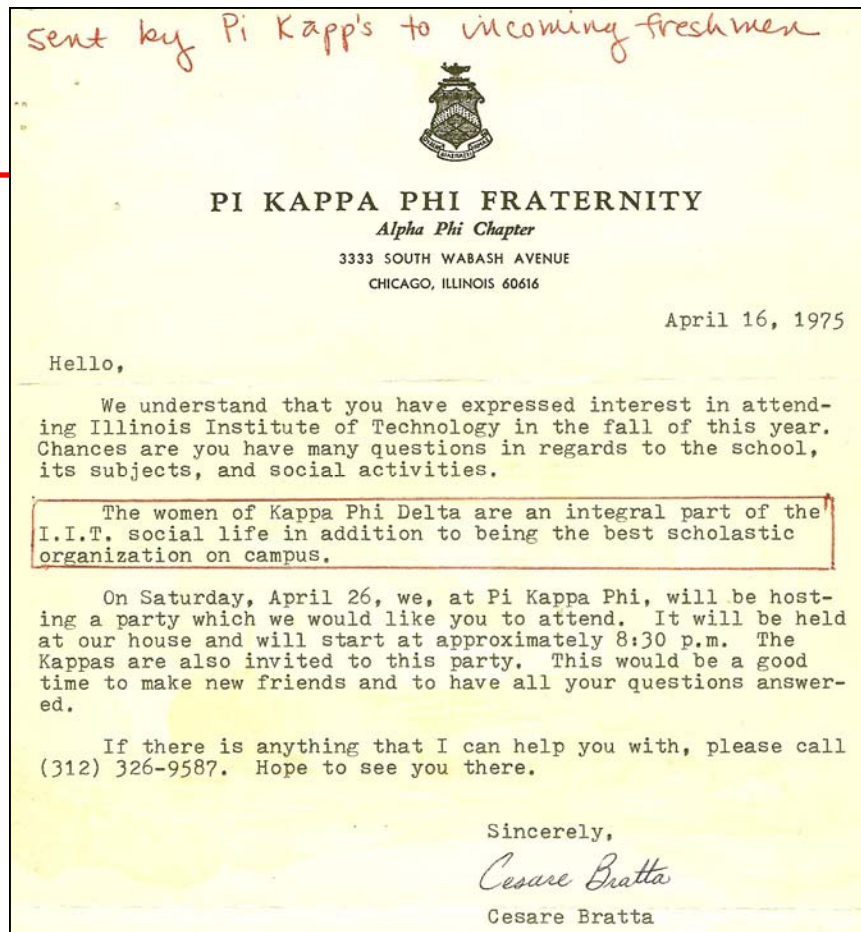
## Memories and Clippings

By Elizabeth Bilitz PC '03

Over the last few months, I have received many photos and memories from alumna as the cookbook has progressed. Because I was not able to include all of them, the newsletter seemed like a good spot to share items from the past.

This letter was taken from the 1975 scrapbook and shows that we had some very good friends on the Quad helping us recruit! It appears we have continued our academic excellence as you will note in the Active Chapter President's article on page 5.

If you have any memories or mementos that you would like to share in the newsletter, please send them to me by email or mail. They will also be used in the Kappa History Book. 1122 W. Catalpa Ave, #610, Chicago, IL 60640. [liz.bilitz@gmail.com](mailto:liz.bilitz@gmail.com)



## Welcome Recent Graduates

By Elizabeth Bilitz PC '03

May of 2010 saw eleven Kappa's graduate from the Illinois Institute of Technology. From the Alumnae Chapter, congratulations on your big achievement and welcome to the next phase of Kappa Phi Delta.

The graduates are as follows:

**Renee Arrowood**- Business, Human Resource Management, and Finance

**Justine Banda**-Architecture

**Guadalupe Cortes**-Architectural Engineering

**Rachel Hendricks**- BioChemistry

**Laura Mast**-Architecture

**Beth Nielsen**-Architectural Engineering

**Lisa Nielsen**-Mechanical Engineering

**Karen Nelson**-Civil Engineering

**Sarah Wahlstrom-Helgren**- Biomedical Engineering



**Theresa Zappala**- Architecture

## Summer Business Meeting Notes

By Elizabeth Bilitz PC '03

Theresa Allen PC '01 hosted the Annual Meeting on August 8 at her home in Chicago, Illinois. As it was a non-voting year, attendance was expected to be small, present only were the members of the Alumnae Board. The main purpose of the meeting was to decide this year's scholarship winner. There were three applications, all of highly qualified young ladies, but ultimately, Brittany Carter PC 2005 was chosen as the recipient.

Kelly Steelman-Allen, PC '97, President, commented that her work may take her out of the country for a project next year, and as such, will not be running for President again next year. To be eligible for President, one must have held a position on the Alumnae Board previously, although this may be waived by a vote.

Vice President Samantha Paruchuri, PC '02, is working on a Kappa History Book and is seeking stories from alumna. The purpose of the book is to have written memories of what life was like during the different decades of Kappa.

Kendra Hardin Sveum, PC '01, thanks all of those who donate to keep the Buddy Mae scholarship going. Your generosity is greatly appreciated. Please remember that even \$5 added to your Alumnae Dues helps out! Also, the Financial Committee will be meeting again in January to close the books on 2010.

Secretary Elizabeth Bilitz, PC '03, wishes to call a meeting of the Alumnae after the Alumnae Reunion on November 13<sup>th</sup>, 2010. It will be a short meeting to discuss and vote on changes to the Alumnae Chapter bylaws. The proposed changes include changing the term "Alumni" to "Alumnae" (the feminine plural), adding the Social Committee as one of the committees of the Board, distinguishing the duties of the Vice President and the Alumnae

Advisor, adding "email" as an acceptable form of notification, and updating the amount of dues to their current level of \$12 and \$5 for seniors.

For a complete list as well as a copy of the current bylaws and standing rules, please email Elizabeth at

*For a complete list [of bylaw changes] ... please email Elizabeth at liz.bilitz@gmail.com*

liz.bilitz@gmail.com and she will happily forward you a copy. All members are welcome to attend and entertain suggestions. After this, there will also be a meeting of the full Board of Kappa Phi Delta Sorority and the Jac Rose Housing Corporation.

Abigail Krug, PC '00, the registered agent, has successfully submitted all necessary documentation. The contents that were once in the safety deposit box will be brought to reunion to showcase and discuss their meaning. Also, the websites [www.kappaphidelta.com](http://www.kappaphidelta.com) and [www.kappaphidelta.org](http://www.kappaphidelta.org) have been purchased for our use.

The Social and Fundraising committee's next big project is making the new edition of the Kappa Cookbooks. They will be available for sale beginning immediately, with ship dates of mid to late November 2010. A social event post-reunion is also scheduled. Looking forward, there will be a gardening event again next spring, as well as an event with the Active chapter. Any suggestions are welcome.

Find us on Facebook and LinkedIn! Look for "Kappa Phi Delta Alumnae" on facebook and "Kappa Phi Delta Sorority Alumni" on LinkedIn.



## Buddie Mae Scholarship Winner

By Elizabeth Bilitz PC '03

The Alumnae Chapter chooses one eligible women each year to receive a quarter-tuition scholarship. With the dramatic increase of IIT's prices over the years, this amount is now about \$7,750. The ability to give such a generous scholarship is entirely because of the donations and support from our alumnae. Many thanks to you! The following is a note from our recipient, Brittany Carter.

Hello alumnae! My name is Brittany Carter and I am a 5th year Architecture major. First and foremost, I want to thank you all so much for awarding me with the scholarship this year. It is such



*Brittany Carter and Elizabeth Bilitz*

a great help and I feel so honored to have been selected. This is such a great opportunity and an unbelievable help in

my fifth year of school here at IIT. A little more about me: I am originally from Overland Park, Kansas but I have LOVED being in Chicago for school. I am currently serving as the Active Chapter President and have enjoyed this position thoroughly. In the past I have also been the 2nd Vice President of New Member Education, Non Exec Pledge Educator, Webmaster, and Women's Appreciation. I will be graduating at the end of this year and I am hoping to find a job in Architecture or Design. Again, I would like to thank you all again. I hope you know how much this means to me! Hope to see you at Reunion. Yours in Kappa, Brittany Carter (PC Fall 2006)

## From the Active Chapter President

By Brittany Carter PC '06

This semester is getting off to a great start! With an extremely successful, fun, and well-planned Rush Week behind us, we had 13 amazing girls accept bids for the Fall 2010 pledge class; after saying good-bye to a great senior class, this was a beneficial addition to the chapter! Our active chapter is currently 40 members strong and all of us are very excited for the year ahead of us. As you may have heard, Kappa, once again, had the highest GPA quad-wide and school-

wide last semester, so our scholarship chair (Kylie) is helping us to hold our prominent position and keep our academics at their best! Our sisterhood chairs (Victoria and Joanna) are keeping us in shape by scheduling lots of times to do fun workouts in addition to our typical TV times and small get-togethers. We just competed in our first ALL KAPPA Greek Football game of the season and came very close to a win against the men of Alpha Sigma Phi (final score was 26-30)! On September 25th, we will be volunteering for the Susan G Komen

Race for the Cure and October 24th is our Sisterhood retreat. In addition to all of these fun events to look forward to, our social chairs (Lauren G. and Dhara) are planning amazing events to give us a break from our school work. Finally, our formal chairs are already hard at work planning the Pancake Breakfast fundraising event, to be held Oct 17th from 11-4, so if you are in the area please stop by!!! We can't wait to see all of you at Alumni Reunion!

## Rush Week a Success

By Hada Friedman PC '08

Recruitment week this year was fantastic. Our events included a delicious fondue night, a colorful tie dye and cotton candy event, an extremely creative "Southside Project Runway," a relaxing cookout, an adventurous road rally, and nightly bonfires with scrumptious s'mores. The turnout at our events was incredible and the number of great

girls we got to know throughout the week was remarkable. The girls of Kappa Phi Delta really stepped it up and did an amazing job rushing and we had a great time. Upcoming continuing fall rush events include Pumpkin Carving and Kappachino.

*New pledge, Melissa Hoelting walking the 'red carpet' during Southside Project Runway*



## Four Point Oh's Abundant During Pledge Semester

By Elizabeth Bilitz PC '03

Four women were honored at Preference Dinner for their academic achievement during last year's pledging semesters (F '09 and S '10). Each received a perfect 4.0 while also participating fully in pledge activities. For this accomplishment, they received a Kappa Afghan courtesy of the Alumnae Chapter. The recipients are as follows:



*Elizabeth Bilitz with Marisa Haire, one of the 4.0's*

**Marisa Haire**- 2nd year Chemical Engineer PC Fall 2009

**Kylie Kosulic**-2nd year Material Science Engineering PC Spring 2010

**Kelly Lohr**-2nd year Material Science Engineering PC Fall 2009

**Sydney Williams**-2nd year Biomedical Engineering PC Fall 2009

## Thirteen New Kappa Pledges

By Angela Khermouch PC '08

This semester we have 13 girls pledging Kappa from a variety of majors and backgrounds, including a couple exchange students from other countries. The girls' names and majors are as follows:

**Lama Abu Amara**-Computer Eng.  
**Samantha Galla**-Mechanical Eng.  
**Melissa Hoelting**- Architecture  
**Marie Homdahl**- Civil Eng.  
**Carla Kundert**-Psychology  
**Mariah Kuitse**-Biology

**Alex Miller**- Civil Eng.  
**Ausrine Rakauskaite**- Architectural Eng.  
**Breanne Stromberg**- Civil Eng.  
**Ginta Sutkus**- Architecture  
**Neilina Vierra**-Civil and Mechanical Eng.  
**Sara Glade**- Chemical Eng.  
**Ingrid Solheim**- Industrial Technology and Management

Together, they will be organizing a social event, philanthropy event and turnabout as well as individually doing the traditional interviews and signature



projects with each sister to get to know the chapter better. It should be a full, but very fun semester!

## Bits and Pieces

**Margaret Stepanek (1945)**- Spent a beautiful 2 weeks in Chicago (2009). Moved to Henderson, Nevada. A big party will be given for Margaret on her 95th birthday. Congratulations, and "Happy Birthday" from Kappa!

**Millie Delahunty (1949)**- Still volunteering at the Field Museum as docent in "Animals," Botany, and special exhibits, as well as manning the Main Information desk. My husband, Tom, also volunteers (he's a "Sue" docent).

**Mae Chakinis Panoplos (1950)**- Continued success to Kappa! There were 5 members when I joined in 1950.

**Marcia Gray Martin (1953)**- I have just published a book of local history, architecture, and art. It is titled, "Life in a Small American City: An Artist's View of Wheaton." The book contains over 100 of my paintings and drawings as well as notes about the homes, public buildings and public spaces in this 150 year old American city of 58,000 residents. Wheaton, Illinois, although very close to Chicago, is not a suburb, but a unique small city that has been my home for the last 45 years. The drawings and paintings are my way of recording a journal of American life in the midwest. For further information, contact me at [marciagraymartin@yahoo.com](mailto:marciagraymartin@yahoo.com)

**Margaret Schlosser Wu (1954)**- We're enjoying our retirement in Academy Village, Tucson. Many of us are going green with solar panels this year. Our best wishes to all the Kappas from Shih Yen and myself.

**Christine Tragnitz Polito (1957)**- I am sad to hear of Lori Clugg's passing. She was an outstanding woman. My scholarship donation is in her honor.

**Sherie Coren Shapiro (1959)**- Our eldest grandson, TJ, graduated from The Randolph School in Huntsville, AL- will be attending Rensselaer Polytechnic Institute majoring in Aerospace Engineering. Couldn't convince him to attend IIT! His dad, our eldest son,

## Bits and Pieces Continued

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Jeffrey, is a Lt. Col. in the Army currently serving in Iraq.

**Martha Rappaport Griffin (1960)-** Thanks for your friendliness at the last few luncheons. I had visited my mother in Chicago at that time, but she's passed away. I'm working as a computer consultant still for the City of New York in Manhattan.

**Fern Krauss (1961)-** Still working full time and still married to my college sweetheart (44 years last August, which means 45 this year). Love to travel and experience new sights, cuisines, great museums and foreign cultures. Nice if people like the USA, too!

**Gail Eisenhart Belytschko (1964)-** (Fall) Ted and I are finally expecting our first grandchild in January '10. Our youngest also announced her engagement last month so 2010 will be a big year for us. We will be in San Francisco in November, as always, celebrating four birthdays. (Spring) This has been a year of highs and lows. We welcomed our first grandchild in January and we're starting the planning for Justine's wedding in November when Ted suffered a massive stroke in April. The first week he was not expected to survive, but after more than a month at the Rehab Institute of Chicago, we plan to bring him home early June.

**Cynthia Soltes (1964)-** President of the local southland NARFE chapter for a second term. That is the National Active and Retired Federal Employees Association. Still serve as an election judge every year. Also am a member of a local senior advisory committee for our local state representative. Enough to keep me fairly busy between gardening and doctors (now that I'm a senior).

**Christine Matuszak Kondrat (1967)-** I retired one year ago after 33 years with the Bonneville Power Administration, DOE. I taught two terms for Better Bones and Balanced for the Portland Community College. It is re-

searched-based and helps with the prevention of osteoporosis and also teaches prevention of falls, if one has osteoporosis.

**Melissa Weaver (1967)-** Liz Young (1967) and Karen Fuhrman (1967) made a surprise visit in December '08.

**Vonna Deulen Hermans (1972)**

I will have my second one-woman art exhibition during the month of November 2010 at the Olympia Cafe in Kalk Bay near Cape Town. I'm also in the process of setting up my art & yoga website: <http://www.vonnasartand yoga.co.za> -- have a look later in the month. I'm doing a huge revamp of my garden after my first ten years in Cape Town--and it's looking gorgeous with all the spring flowers. The Cape Floral Kingdom is one of the six floral kingdoms of the world. Also, the spring sailing season has just started, so I had a wonderful sail last night at the Royal Cape Yacht Club on 52 ft Thunderchild. My younger daughter, Lesedi, will graduate from the University of Cape Town in December having studied Philosophy and English. She will go on to do her Honours Degree in one of those subjects next year. My older daughter, Tasanee, is tutoring Math in Grahams-town and contemplating life's options for her. My partner, Comish, is enjoying all his vehicles, but still working too hard. Any Kappas heading South are welcome to contact me.

**Debra Morge-Erickson (1973)-** Sorry I missed the reunion. It was my sons 21st birthday. So glad you have lunch on this side of the city. Off to Vancouver to work at the Olympics in February 2010. God bless you all!

**Sue Boltz Scheiding (1978)-** My husband John and I are still working at Boeing in St. Louis (25 years of marriage as of Oct. 6th, 2009). Oldest daughter, Beth, recently became engaged. She has a Business degree and lives in Columbia, MO (graduated in May 2009). Youngest daughter, Katie, graduated from University Missouri,

Kansas City with a degree in History and is heading back for a Master's this fall.

**Annette Schmidt Yassen- (1978)-** Husband Tom (Delta Tau Delta, IIT 1980,1988) is still at BP; I'm going on 5 years at Quaker Foods & Snacks, Division of Pepsico at the home of Rice -A-Roni, PastRoni and Near Gast brands. Daughter 1 is a sophomore at Purdue majoring in Pre-Pharm. Daughter 2 is a high school senior, college bound to one of the Big Ten in Biomedical Engineering. Daughter 3 is a high school sophomore, interested in Chemical Engineering and Resource Conservation. Busy with all sorts of family activities- my folk's 50th wedding anniversary, college planning, sports and music, events and babysitting three one-year-old nieces and nephew (not triplets).

**Deborah Kreiss Studtmann (1979)-** Come visit us in Galena. Great getaway weekend spot! We have homes and condos available to rent. Check out my website! Discount for all Kappas!

**Irma Bartanen McFarland (1980)-** Still nursing now in home health though no client at this time. Putting in garden including raspberries, zucchini, peas, lettuce, arugula beets, green beans, various peppers, tomatoes, kohlrabi and brussel sprouts. Lots to do to fix up my childhood home which my husband and I own. Thanks for the mention, Maura. Miss you too!

**Mary Germany Hamill (1982)-** I love Facebook! Please join me at Kappa Phi Delta Alumnae.

**Jacqueline Majka (PC'90)**

Hello Kappas! I am currently a busy professional mom juggling it all and living in Palatine, Illinois with my husband of 8 years, Jonathan Graham, and two daughters, Sarah Elizabeth (6) and Lauren Isabella (5) Graham. Jon is a Financial Advisor with Morgan Stanley Smith Barney in Barrington, IL. Sarah, an athletically inclined and studious



## Bits and Pieces Continued

child, started 1st grade at Holy Family Academy in Inverness, IL this year and Lauren, our extra girly extrovert, attends Pre-K. I have been with Motorola for 15 years in various roles and segments of the business, most recently engaged as Director, Strategy and Business Development in our Networks Business. The global nature of my business and roles have taken me on many interesting journeys in recent years, including those to Barcelona-Spain, Santiago-Chile, London-UK, Tel-Aviv-Israel and many US destinations. Both Jon & I have family in the Carolinas and we travel there with our girls at least 2x/year. In early 2011, we hope to take the Sarah & Lauren for their second trip to Disney World! I do keep in touch with Kappas, Laurel Ephraim, who was a bridesmaid in my wedding and Victoria Navarro, both of whom are doing well. Wishing everyone good health and spirits. [JackiMajka@aol.com](mailto:JackiMajka@aol.com)

**Sarah Kryda Beardsley (1997)-** My

husband and I welcomed a new son Bryan on 11/21/09! Life as an architect and working mom is very busy - last year I did a lot of public speaking about the Willis [Sears] Tower renovation, and this year I am working on what we hope will be the next world's tallest building! I also was named one of Crain's '40 under 40' [so embarrassing, but a nice honor] so look for me on the website this year. Was featured in the Spring 2010 issue of the IIT magazine. Check it out! The article is called "Eyes on the Horizon" and discusses the work on the Willis Tower. [www.iit.edu/magazine](http://www.iit.edu/magazine)

**Shannon Phillips Ciston (2000)-** I'm a professor now at the University of New Haven, a small, private college in CT! Jim and I live on Long Island, and I see Jenn Segui regularly! HUG!!

**Annabella Nakao Taylor (2001)-** We're leaving Napoli, Italia and moving to Monterey, California on December 3! We will be there for 18 months.

(no new baby yet... maybe by next newsletter...)

**Tiffany Mills McNeely (2002):** On April 13, 2010, my husband and I welcomed into the world our first child, Aiden Richard McNeely. He's a healthy, fun-loving boy, and we couldn't be happier!

**Elizabeth Bilitz (2003)-** was named Chicago Athlete's "Cliff Bar Athlete of the Month" for September/October. The blurb is located on page 20 of the issue. Go to [www.mychicagoathlete.com](http://www.mychicagoathlete.com)

**Christie Ferraro (Spring 2005)-** I am currently studying for my board exams to become a certified prosthetist in New Jersey and helping with Walking Tall Charities. I'm also engaged to Dennis Bahena (Pi Kappa Phi)!

*In Memoriam:*

**Elizabeth McMahon Dixon (1934)-** Home Economics, graduated 1938.

## Get Healthy, Help Kappa with SKo-Fit!

Suzanne Ko, PC '91, wants to help you get fit for the holidays and beyond. Ko graduated from IIT with a degree in Architecture, but years later, has found her passion is helping others achieve a healthy lifestyle through exercise and nutrition. A former dancer, Suzanne shares studio space at H.E.R.O fitness right off the Ashland and Cortland intersection and conveniently located by the Clybourn Metra stop! Suzanne offers a unique, holistic approach to overall health and is certified as a group fitness instructor, lifestyle and weight management consultant, personal trainer, and yoga teacher.

To give the scholarship fund a boost, Suzanne is offering some special

packages just for Kappa's. A great deal for you and the sorority! For every package purchased, Suzanne will donate 15% back to the scholarship fund.

**Package 1-** Five or ten pack of yoga sessions. Good for 6 months. \$70-5 pack, \$125-10 pack.

**Package 2-** Three personal training sessions. \$195.

**Package 3-** You are what you eat! Seven day food diary consultation including Michael Pollen's book "Food Rules." Conveniently through email/phone! \$70.

H.E.R.O. Fitness is located at 1941 N. Elston Ave, Chicago, IL 60642. Suzanne can be reached at [suzanne@skofit.com](mailto:suzanne@skofit.com) or check out her website [www.skofit.com](http://www.skofit.com). Mention you're a Kappa! Got a few Kappas interested? Talk to Suzanne about personalization!



*Kappa and owner, Suzanne Ko PC'91*



## Brew a Beer!

By Theresa Allen PC '01

I love two things in this world, one of them is beer. Now don't get me wrong, I enjoy my fair share of wine and liquor as well. But I LOVE beer. And not just drinking beer, although that is good fun, but learning about it and it's history, making it and then teaching others about it! I started becoming a beer connoisseur during my time at IIT along with other Kappas and my Skull friends. We put down the Pabst and Natty-Ice and reached for more flavorful, more alcoholic, more robust craft beers. Through the years of tasting all different styles and varieties of brews, I have come to develop a deep appreciation of all that goes into a simple pint of fermented grain.

Like most engineers, when you find something you thoroughly enjoy – you want to take it apart. So a few years ago, that is what I did: starting taking beer apart (aka learned how to beer my own beer at home). There is so much to know when it comes to brewing, most of which delves deep into Chemistry (not my strongest subject), that I still consider myself a very new beginner but I enjoy brewing very much! The taste of the grain! The smell of the wort! It brings a smile to my face just thinking about it! With the help of my

college friends Pat and Pete (both Phi Kaps) I have learned how to home brew from kits (all ingredients you need in 1 box!) to all grain brewing (more like the professionals, just in 5 gallon batches). Homebrewing is fun, fairly easy (if you can follow a recipe, you can brew a beer!), not too expensive and just a great hobby to get into. It takes about 3 weeks from grain to glass for a homebrew and a kit can cost you about \$35. The set up equipment can be acquired for around \$150 and can be reused countless times. So, you aren't going to save money by brewing your own beer – but you will appreciate your beverage a whole lot more!

Now many of you might not think you like beer. That's okay. But I bet if you name me a drink or style of wine you like, I can probably hand you a beer that you will enjoy. Beers can be just as complex and pleasing as wine. You taste beers much like you taste wine (except you hardly ever spit it out). And beer itself has a deep and rich history in the world, America and especially Chicago. We used to be quite the town for brewing, but lost a lot of business after Prohibition. It has taken awhile, but Chicago's craft beer market is increasing exponentially. When I arrived at IIT almost 10 years ago, there was Goose Island, Piece and

Rock Bottom that offered beer they made. Now we have expanded with Metropolitan Brewery (Ravenswood and Foster), Revolution Brewpub (Logan Square), Half Acre Brewery (Lincoln and Montrose) and the soon to open Haymarket brewpub (west loop). There is also Big Shoulders Brewing Company coming on the market, too. So in a few years, who knows- maybe Chicago will once again hold the title of beer Mecca of the Midwest!

If you want to learn more about beer and/or homebrewing check out the club I started on Facebook. Search for "The Brew Club" in Chicago. We hold get-togethers about once a month and visit breweries, take their tours, sample beers and also go to members houses to drink, mingle and brew! If you aren't on Facebook, send me an email at [engineered.to.brew@gmail.com](mailto:engineered.to.brew@gmail.com) It is just good people having a good time with good beer!

## Afghans

A reorder of the afghans designed several years ago was made this past August. There are several available for purchase, either at the Reunion, or by emailing [allethe@gmail.com](mailto:allethe@gmail.com). The cost of each afghan is \$35. See below for a photo of how they look.



## Kappa Cookbooks on the Way!

By Elizabeth Bilitz PC '03

Thank you to all those who contributed recipes for the brand new cookbook. It could not have been completed without you! There were some last minute designing difficulties, but the book is at the publishers now. The cookbook not only contains over 150 recipes (including old Kappa favorites), but it is also personalized with photos from various years.

The cookbooks are expected to ship

to Elizabeth in December. They will be mailed to you as soon as possible in December barring any unforeseen delays. The cost of the cookbooks will be \$20, which includes shipping to you. If you are able to pick up in town, shipping will not be charged. All proceeds from the cookbook sales goes to the scholarship fund! Makes a great gift!

If ordering multiple copies, contact Elizabeth to set up reduced shipping. Questions? [liz.bilitz@gmail.com](mailto:liz.bilitz@gmail.com)



# Fall 2010 Dues 'n News Form

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NAME: \_\_\_\_\_

ADDRESS (including city, state, zip): \_\_\_\_\_

PHONE NUMBER:( ) \_\_\_\_\_ EMAIL: \_\_\_\_\_

Please send future copies of the newsletter electronically ☐

PLEDGE YEAR: \_\_\_\_\_ MAJOR: \_\_\_\_\_

**YES! I WILL BE ATTENDING REUNION (\$25)** \_\_\_\_\_

Sponsor a pledge? \_\_\_\_\_

ANNUAL ALUMNA DUES, \$12 (Senior Citizen rate \$5) \_\_\_\_\_

DONATION TO SCHOLARSHIP FUND \_\_\_\_\_

COOKBOOK PREORDER (\$20 including shipping) \_\_\_\_\_

**TOTAL** \_\_\_\_\_

NEWS TO SHARE: \_\_\_\_\_

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Please send checks, payable to  
Kappa Phi Delta, to our Treasurer:

**Kappa Phi Delta**  
c/o Kendra Sveum  
4340 W 99th Place  
Oak Lawn, Illinois 60453

## Lost Kappa's

If anyone knows the location of those on the list, please let Elizabeth Bilitz or another member of the board know. We want to keep all of our alumnae up to date! To prevent your name from being on this list, please inform the Alumnae Board of any address changes including changed email accounts. \*Starred names are new additions to the list.

Allison Rose Albright  
Mark Liska Atkinson  
Lucy Rockwell Balmer  
J. Bartusek  
Michelle Bennett  
A. Berg  
Helena Beuhler  
Lindsay Brinkmeyer  
Hearlene Brooks  
Michelle Burda  
Michele Buttic  
Concepcion Cabrera  
Louise Cadwell  
Roseann Conrad  
Josephine Wheeler Couper  
Michelle Turner Cowheard  
Rose Brewer Cress  
Colleen Cronin  
Norbert Dahler  
Diana Davies  
Stephanie Donovan  
Millicent Dugich

Connie Duresa  
Marjorie Sandler Dwiggins  
Shirleen Finley Erickson  
Lucylle Turner Evans  
Rhonda Simanek Ewasiuk  
Jean Ruskin Firzhugh  
Lorrain Spigel Frazin  
Mabel Stone Giblin  
Jackie Gorski-Culberson  
Jenniger Hamelin  
Allison Adams Hegarty  
Kathryn Dates Higgins  
Judy Hines  
Maryalys Klein Holtz  
Sue Kilimnik  
Laura Kliesle  
Lori Dobsch Knutson  
Kelley Kraft  
SandraGuelfi Krzyzanowski  
Sarah Campbell Lawall  
Linda Lee  
Marjorie Foreman Long

Arlienne Lueck  
Ruth Curtis Macfarland  
Grazina Maciuna  
Betty Rabiansky Majewski  
Dimetra Makris  
Lucy Axline Meeker  
Miriam Flory Meyers  
Marion Behren Mitchell  
Dorothy Miller Monell  
Darlene Gilbert Murdoch  
Vickie Navarro  
Darlene Novak  
Claudia Peterson  
Phyllis Barnes Pitkanen  
Paula Pluta  
Marianne Loska Polk  
Mandy Porter  
Sigmund Purwin  
Laura Pyzynski  
Maryann Ramos  
Kathleen O'Connell Rank  
Mrs. Robert Reike

Melinda Reiske  
Betty Swanson Richter  
Raleighnae Sammons  
Gloria Klouzar Saul  
Celia Harris Scalpone  
Maria Torres Sheldrake  
Sue Schei Sheriling  
Marge Stabosz de Lopez  
Jeanette Smith Strom  
Helen Syprzak Suska  
LaShawna Taylor  
Theresa Tenzie  
April Thornley  
Nell Stanley Ulrich  
Patricia Arns Walter  
Dolores Lipschultz Ward  
Lynn Watanabe  
Harriet Milewski Wernicke  
Jan Wessels  
Ruth Cripe Whamond  
Stephanie Wilke  
Peggy Winterhoff

### KAPPA PHI DELTA ALUMNAE CHAPTER

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